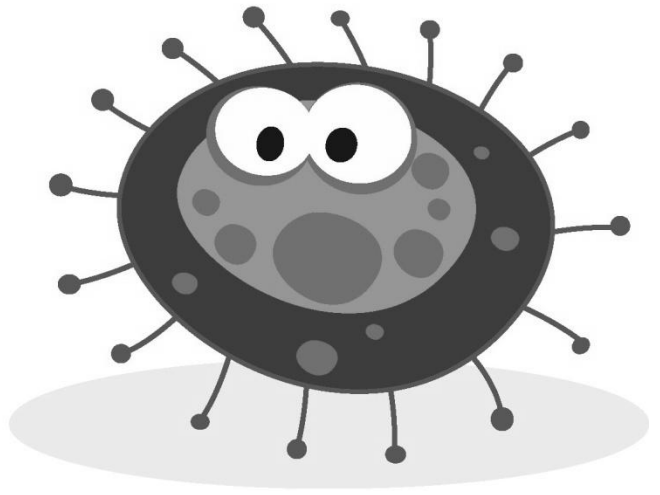


Fight the Flu

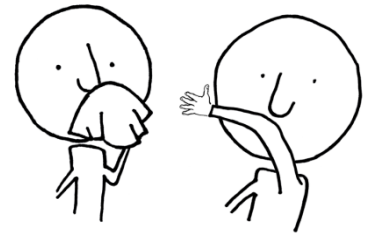


Keep your family healthy this flu season!

- ✓ **Everyone 6 months of age and older** should get a flu vaccine *every year*.
- ✓ **Cover your coughs and sneezes** to prevent the spread of germs.
- ✓ **Wash your hands often** with soap and water or use hand sanitizer.
- ✓ **Stay home if you feel sick** and contact your doctor if symptoms become severe.



Get Vaccinated



Cover your cough



Wash your hands



Stay home when sick

Ask your doctor for the flu vaccine today!

For public flu clinics, go to www.bphc.org/flu

Need help finding a doctor or getting health insurance? Call the Mayor's Health Line at 617-534-5050.

For more information, please contact:

Boston Public Health Commission

Infectious Disease Bureau

(617) 534-5611 or www.bphc.org/flu

