## STOP THE FLU. IT'S UP TO YOU TO PROTECT YOURSELF AND THOSE AROUND YOU.





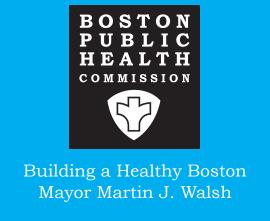
Cover your cough or sneeze.



**Wash** your hands with soap and water.



Stay home if you're sick.



Get vaccinated and reduce your risk of the flu.
Visit bphc.org/flu for more information about the flu.