



CHWs Networking Forum

November 15, 2018 12PM - 2PM

**Community Health Education Center (CHEC)
860 Harrison Ave. 2nd Floor, Boston, MA 02118**

Childhood Obesity

- What is childhood obesity and what causes obesity in children?
- What are the health risks of childhood obesity?
- What are some strategies to prevent childhood obesity?
- What can parents do to help prevent childhood obesity?

Dr. Ali A.B.Y. Muhammed, Sr.. C.H.W. '17'

Please call 617-534-2432 and leave a message or RSVP to ltavares@bphc.org

Please call immediately if you need individual arrangements (i.e.: ASL interpreters)

Remember: These forums are for networking; please don't forget to bring your business cards and flyers! These forums are FREE!

Parking is limited in the garage (driving directions on the back) Bring your ticket for **FREE Parking**

DIRECTIONS TO CHEC BOSTON

CHEC

FREE PARKING WITH VALIDATION!

**860 Harrison Ave 2nd, Floor
Boston, MA. 02118
Phone (617) 534-5181
www.bphc.org/chec**

Public Transportation

The #1 or CT1 bus can be boarded at the Massachusetts Ave. Orange Line Stop or Dudley Station. Take the #1 or CT1 bus to Boston Medical Center Stop. This stop will let you off at the corners of Massachusetts & Harrison Avenue. Walk down Harrison Avenue (away from Boston Medical Center).

860 Harrison Ave. is the entrance on the left hand side of the street at the corners of Harrison Avenue and Northampton Street. The sign over the front entrance reads 35@EightSixty. CHEC is located on the 2nd floor of 860 Harrison Avenue. Ring the door bell to enter the building and take the elevator to the 2nd floor.

From North

Take Route 93 South which becomes the Fitzgerald Expressway. Take Exit #18 (Massachusetts/Roxbury exit). Merge onto Massachusetts Ave. Connector. Then follow local directions below.

From the South

Take Route 93 North which turns into the Southeast Expressway. Take Exit #18 (Massachusetts Avenue/Roxbury exit). Stay straight to go onto New Frontage Rd/New Frontage Rd. Northbound. Take left onto Massachusetts Ave. Connector. Then follow local directions below.

From the West

Take the Mass Turnpike East, Rte. 90 to the last exit (Fitzgerald Expressway). Take Exit #18 (Massachusetts Avenue/Roxbury exit). Merge onto Massachusetts Ave. Connector. Then follow local directions below.

Local Directions

You will come to a 4 – way intersection with traffic lights (McDonalds off the left) Take a right onto Massachusetts Avenue (Boston Medical Center will be ahead on your right) Get into the farthest left lane and at second light, take a left onto Harrison Avenue. Then take the first left onto Northampton Street. CHEC is located in the lower rise building at 860 Harrison Ave. on your left. Take elevators to 2nd floor.

Parking

The parking garage is underneath the high rise building at 35 Northampton St. Parking on the 2nd or 3rd floor allows you access to the elevator to CHEC on the far left side of the garage. Take the elevator to the 2nd floor.

BRING YOUR TICKET FOR VALIDATION!

DO NOT PARK in CVS lot or you will be towed!