

Find social services the easy way

Step 1: Tell us where you want to find services

Step 2: Use our tools to pick the services you want

Step 3: We provide the information you need to connect to the resources you chose

Trainings & Info Sessions:

Interested in learning more? Contact the Mayor's Health Line to schedule an on-site HelpSteps training & information session.

EDasilva@bphc.org

Feedback & Questions?

Let us know about your experience!

Mayor's Health Line
617-534-5050
info@helpsteps.com



Providing Help for a Proven Need

A recent research study used HelpSteps to assess youths' social service needs and to provide referrals to agencies that were best-suited to meet those needs. The study measured the prevalence of health-related social problems among adolescent and young adult primary care patients and found that most

patients needed at least one referral for a social service need. The researchers concluded that physicians would benefit from the use of improved systems for screening and referral of social problems in order to create a comprehensive medical home for their patients.

[Read the full article.](#)

Martha Eliot's new Adolescent Resource Center

Emily DaSilva at the Mayor's Health Line just finished training the staff at Martha Eliot's new Adolescent Resource Center. The center's dedicated and expertly trained staff provides ongoing informational, educational, health and wellness programs and support services to young people, and offers access to an extended network of services throughout the city of Boston. Their programs encourage healthy living in all aspects of life from education

and financial management, sexual health, fitness, nutrition and more. The staff of resource coordinators work one on one to help connect young people to services and support; specifically in the areas of education, employment and sexual health. They'll be using HelpSteps' search tools to connect visitors with organizations in the community and to document the number and types of services sought.

For more information, contact the Program Manager at 617-919-7287.

By the Numbers

Boston Area resources listed in our database: Over 1,700

Updates to agency information in 2014: 487

Referrals made through HelpSteps.com in the past year: 2,111

Organizations who have received trainings in 2014: 12

