

# CARBON MONOXIDE

THE INVISIBLE KILLER



## WHAT IS IT?

CARBON MONOXIDE (CO) IS A COLORLESS, ODORLESS, TASTELESS, GAS



YOU CAN'T  
SEE IT



YOU CAN'T  
HEAR IT



YOU CAN'T  
SMELL IT



BUT IT CAN  
KILL YOU

## WHAT IS THE RISK?

BREATHING IN TOO MUCH CO IS DANGEROUS. SYMPTOMS OF CO POISONING INCLUDE:



HEADACHES



NAUSEA/VOMITING



CONFUSION



DIFFICULTY  
BREATHING

## WHO IS AT RISK?

EVERYONE IS AT RISK FOR CO POISONING. THE PEOPLE MOST VULNERABLE ARE:



FETUSES &  
BABIES



SMOKERS



PEOPLE WITH  
HEART DISEASE



PEOPLE WITH  
BREATHING  
PROBLEMS



CHILDREN &  
ELDERLY

## WHAT SHOULD YOU DO?

CO POISONING IS COMPLETELY PREVENTABLE. HERE ARE WAYS TO PREVENT IT:



HAVE YOUR  
HEATING SYSTEM  
CHECKED BY A  
TECHNICIAN



INSTALL A  
CO DETECTOR  
IN YOUR HOME



GO TO YOUR  
DOCTOR IF YOU  
FEEL THE ABOVE  
SYMPTOMS



TURN YOUR CAR  
OFF WHEN  
YOUR GARAGE  
IS CLOSED



DON'T USE THE  
STOVE TO HEAT  
YOUR HOUSE

FOR MORE INFORMATION, VISIT US AT [BPHC.ORG/INJURYPREVENTION](http://BPHC.ORG/INJURYPREVENTION)